

Consumer Report for The Mouth Trap: the butt stops

| | DATE | _ | Carbs |
|-----------|------|-------------|-------|
| Breakfast | | | |
| | | | |
| | | | - |
| | | | - |
| | | | |
| | | TOTAL | |
| Lunch | | TOTAL | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | TOTAL | |
| Dinner | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | TOTAL | |
| | | CDAND TOTAL | |

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